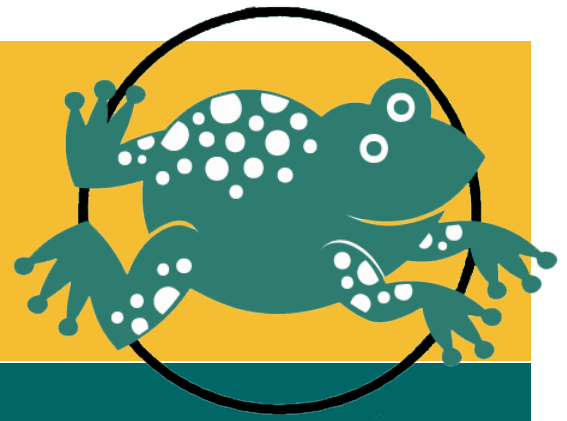


Penny Creek Frog News

PENNY CREEK ELEMENTARY SCHOOL NEWSLETTER



May 2021

VOLUME 4, ISSUE 9

From the Principal

Dear Penny Creek Families:

The month of April seemed to fly by! Students in both hybrid and remote settings have focused on learning key concepts in Reading and Math. With less instructional time overall this year, teachers have made priority standards a focus. EL students completed their ELPA testing—we are so proud of them! We also celebrated the D in Pride, for Doing our Best, at assemblies last Friday.

The month of May has much to offer as well. We begin with Staff Appreciation Week. I hope you will join me in honoring and celebrating the Penny Creek staff. They have worked tirelessly to learn to use technology in ways never before needed to create meaningful learning experiences for their students and to sustain a warm and welcoming culture to the best of their ability. You will have an opportunity to thank your child's teacher by entering a "post it note" on an online platform called Padlet. Look for an email message from the school to guide you to a link where you can post a note of appreciation.

Another event we are looking forward to is a parent panel discussion that will occur at a staff meeting this month. Over the year, Mrs. Kirkpatrick and I have had opportunities to meet with close to eight parents who represent some of the amazing diverse cultures at Penny Creek. The purpose has been to learn about their culture, with a focus on their school experiences, and to gain understanding of how we can better support their children. We acknowledge the challenges that many families of color, especially those from Asian and Black communities, are facing at this time. We want to do all we can to make Penny Creek a safe and inclusive environment for all children. To help us, these parents will share their experiences in school and provide us insight to help us achieve this end.

Thank you for continuing to partner with us this amazing school year. If you have any questions for me, please do not hesitate to ask.

Marti Shefveland

Principal

MShefveland@everettsd.org

Marti Shefveland
Principal

Stephanie Kirkpatrick
Assistant Principal

Penny Creek Elementary School
4117 132nd St. SE,
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www.everettsd.org/pennycreek
425-385-7200

[Technology Support](#)

[Parent University](#)

[Student Tools Webpage](#)

[Penny Creek Hybrid Info](#)

May 3

Let's Connect @ 5:00 p.m. – 6:00 p.m.

May 3 - 7

Teacher Appreciation Week

May 5, 12, 19, 26

Library Book Pick Up @ 4 p.m.
Click [HERE](#) to reserve books

May 5, 12, 19, 26

Learning Improvement Wednesday

May 12

Materials Pick Up for Grade 1 – 5
Students in Remote Learning Model
Click [HERE](#) for more details

May 19

Scholastic Book Fair 10:30 a.m.–6 p.m.

May 31

No School – Memorial Day



May Student Materials Pick Up for Grade Levels 1 – 5

The May materials pick up will be for all the fully remote learning students in Grades 1-5.

Families are invited to Penny Creek on **WEDNESDAY, May 12 anytime between 8:30 a.m. to 4:00 p.m.**

To enter Penny Creek, use the furthest west entrance. Please follow the flow of the map [HERE](#) to arrive at the east side gym door. Please remain in your vehicle. A staff member will deliver your student's materials to you. To support the flow of traffic, have your student's first and last name with teacher name on a paper ready to show the staff member or posted on your passenger side window. At all times, social distancing guidelines must be followed. If you are unable to pick up your student's supplies, please email the teacher to make alternate arrangements for the items.

Imagine Learning and Literacy

The Everett School District is offering Imagine Language and Literacy (IL&L) accounts to parents of our English Learners. If you are interested in building your English Reading, Writing, Listening and Speaking skills, you may be interested in this program. Parent accounts are not set up or monitored by the school staff. Feel free to contact Kim Woodrum, PCE Literacy Coach, at kwoodrum@everettsd.org and she can connect you with the department that will assist you.



Please visit the District English Learner Website for additional information about IL&L <https://www.everettsd.org/Page/38906>

Penny Creek Attendance Corner

If your student is absent from school, please email the teacher **and** the attendance office at pceattendance@everettsd.org to let us know the reason for the absence. Notifications to the office need to arrive within 30 days of the absence. After that time, the absences will be considered unexcused for no contact. There is also a direct link on our webpage at: <https://www.everettsd.org/pennycreek>.

Did you have a medical appointment for your child, or they were sick, and you brought them to the doctor? If so, make sure to ask for a medical note that you can email to the attendance office. Those absences can then be coded as a medical excuse.

Arrival and Dismissal Procedures

Many of our students arrive and depart from Penny Creek on assigned school buses. For those families that transport students to and from school by cars, we have designated specific arrival and departure options. Student safety is our number one priority at Penny Creek and we ask that you read through the option that applies to your grade level and follow the arrival and dismissal directions listed.

For the safety of your students please note the following:

- Morning arrival time begins at **9:00 a. m.** Please remain in your vehicle and have your student depart the car from the passenger curb side door.
 - [KK/1st Grade drop off/pick up location is at the front of the school building.](#)
 - [2nd to 5th Grade drop off/pick up location is by the under covered playground area.](#)
- Arrival after 9:15 a.m.: Please park your vehicle and walk your student into the office where you can sign them in. Students arriving after 9:15 a.m. will be tardy.



Changes to a student's daily going home plan

Occasionally, you may need to change the plan of how your child is going home at the end of the school day. If this is the case for your family, **we ask that a guardian sends an email to the school office at PennyCreek@everettsd.org and the classroom teacher by 2:45 pm.** Please include the name of your student, their teacher, and the change of plan. Our office will then deliver this information to your student. This method of communication helps to support our staff with accurate dismissal information.

Checking out a Penny Creek student during the school day

Sometimes it is necessary for a parent/guardian to pick up a student before Penny Creek's dismissal time. To help us prepare, please send a note or email the school office at PennyCreek@everettsd.org in advance, letting us know the specific date, time and who will be picking up your child. Students who are dismissed during the school day must be signed out from the school office by their parent/guardian (or adult designee) before leaving the school grounds. If an adult designee is coming to check out your child, a note or email to the school office at PennyCreek@everettsd.org must be submitted by the guardian to confirm. Students will be called from the classroom for dismissal once the parent/guardian (or adult designee) arrives at the office. For the safety and security of students, we will ask for photo identification.

ECEAP preschool accepting applications for 2021-22

Everett Public Schools Early Childhood Education & Assistance Program (ECEAP) is a FREE preschool program for three- and four-year-old children from families with limited income. ECEAP prepares children for kindergarten and provides family support and health and nutrition services. It is funded by the Washington State Department of Early Learning.

The six ECEAP sites within our school district are Cedar Wood, Garfield, Hawthorne, Lowell, Madison, and Silver Lake elementary schools. Space is limited – apply early! For an application or more information, please visit the [district ECEAP website](#) or call 425-385-4628.



Everett Public Schools is hiring paraeducators

We are hiring Paraeducators! Great benefits, competitive wages, professional development with summers and school breaks off! Interested?

Please apply [online](#). Schools are located in Everett, Mill Creek and Bothell, Washington.





Let's Connect - May



You are invited to connect with district leaders and engage in conversation on Monday, May 3 from 5 – 6 p.m. to get feedback on how we can do better. We want to hear from you and hope you can attend a Zoom meeting to share your thoughts. Please check your email for an invitation to connect with your school's regional superintendent and other district leaders. Be sure to check your email; RSVP required to receive the link for the meeting. Let's Connect!

Summer school registration is open!

Registration is open for summer school 2021 and [registration materials are online](#). Eligible elementary and middle school students will receive an invitation from their teacher(s). A variety of summer school courses are available for high school students including district-facilitated credit recovery courses, Online High School and several community-based programs. Tuition is waived for EPS students for elementary, middle and high school (including OnlineHS.net courses) students. Cost varies for community-based summer school programs. Contact Ms. Stephanie Kirkpatrick at SKirkpatrick@everettsd.org for more information.

2021-22 Student Rights and Responsibilities Handbook

Beginning next school year, the district will no longer be printing the annual Student Rights and Responsibilities Handbook. Students and parents/guardians will access the handbook on the district website at www.everettsd.org under "Students" and then "Student Handbook" or on the desktop of their student's district provided device. Parents/guardians will acknowledge "receipt" of the student handbook and complete the required FERPA information through the district's online annual student information update process. More information and instructions for completing the annual student information updates and accessing the Student Rights and Responsibilities Handbook will be provided to families before the start of the next school year.

Connecting with counselors video series



Two new series of videos are now available on the district's Parent University webpage; Healthy and Safe Social Time for Teens and Helping your Child Respond to Stress.

In the series, Healthy and Safe Social Time for Teens, MTSS Facilitator Kristin Walker and North Middle School Counselor Susie Smothers discuss how parents can support healthy and safe social time for teens and pre-teens. The series includes videos on the following topics:

- [Video 1: Introduction to the Series and Maintaining Social Connections](#) – Adolescence is a stage in life when social connections and experiences are a healthy and critical part of development. Not being able to see friends, go to school events, and play sports can cause sadness and major disappointment for teens and pre-teens and many parents are struggling with the best way to help them cope. Learn about healthy ways kids can maintain social connections while following health and safety guidelines.
- [Video 2: Supporting Healthy Online Boundaries](#) – With so many healthy and creative ways for kids to socialize online during the pandemic, our counselors share ways to set and balance responsible online boundaries for your teen.



- **[Video 3: Social Connections at School](#)** – As was the case before the pandemic, students can still participate in a variety of extracurricular activities after school. Encourage your child to get involved. Reach out to your school to find out what is available. Many schools are still offering a variety of clubs and organizations your child can join to stay connected with peers.
- **[Video 4: Family Social Opportunities](#)** – With many parents working from home at this time, families should try to carve out unplugged time together. Watch this video for suggested ways the whole family can engage in social activities together.
- **[Video 5: Supporting Your Child's Struggle](#)** – Pandemic fatigue is a real thing. Coronavirus has put a strain on our everyday functioning and teens may display a range of emotions including sadness, anger, frustration, depression, and more. Learn strategies to listen empathetically to your teen as a way to acknowledge their experiences without trying to “minimize” or “fix” the situation.

In the series, Helping your Child Respond to Stress, MTSS Facilitator Kristin Walker and Evergreen Middle School Counselor Dr. Kaley Mitchell help us understand and define stress and offer action-oriented strategies for parents to help their children as they exhibit emotional and behavioral signs of stress. The series includes videos on the following topics:

- **[Video 1: Understanding Stress](#)** – Many parents are asking “Why is my child so stressed out?” Stress is dominating our world and society and both adults and children are stressed at more intense levels than ever before. In this video, Evergreen Middle School Counselor Dr. Kaley Mitchell helps parents understand the history, biology, and experiences that lead to feeling stress.
- **[Video 2: Opposite Action Strategy](#)** – In this video, learn about the “Opposite Action” strategy to help your teen or pre-teen respond to stress. Opposite Action is doing the opposite of your urge when your urge is not helpful or healthy and is a skill that can help children (and adults too!) to respond to stress in a healthier, more effective way.
- **[Video 3: Cold Water Strategy](#)** – Is your child exhibiting heightened signs of anxiety or intense emotions? The Cold Water strategy can help! The Cold Water strategy is the act of using cold water on the face or body to bring anxiety down immediately. Learn more in this informative video.
- **[Video 4: What if we need help?](#)** – If coping mechanisms just aren’t working, learn when you should seek immediate help for your child. Also learn more about school, local, and national resources of support such as mental health counseling, crisis lines, and more.

All of the links to these videos can be found at www.everettsd.org/ParentUniversity.

School Stakeholder Annual Survey



To guide Everett Public Schools’ continuous improvement process, each year schools survey students, families, and staff to understand specific strengths and challenges that impact school quality. The School Stakeholder Annual Survey is only one of many pieces of data analyzed by school leaders and staff. In addition to survey data, student achievement, attendance, discipline, and program data are evaluated to create School Improvement Plan goals.

You should have received [a link](#) to our anonymous, multiple-choice family survey in late April. We ask that you please complete and submit the survey by **May 21**. If you have more than one student in Everett Public Schools, please complete a survey for each school your student attends so they can benefit from your feedback.

We truly appreciate your time and participation. Your feedback is very important to us as we set and evaluate school improvement goals.



Virtual Student Art Shows

Mark Your Calendars for virtual art gallery open for public viewing on the [district's website](#):

- Elementary school artwork – starting April 19
- High school artwork – starting May 17
- Middle school artwork – starting June 1



Graduation dates

Please mark your calendars for our upcoming high school graduations in June. Ceremony details will be shared soon.

- Sequoia High School June 17, 6 p.m. at TBD
- Cascade High School, June 19 at 11 a.m. at TBD
- Jackson High School, June 19 at 3 p.m. at TBD
- Everett High School, June 19 at 7 p.m. at TBD



3900 Broadway
 Everett, WA 98201
 425-385-4000
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• Everett Public Schools does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employees have been designated to handle questions and complaints of alleged discrimination:

• **Title IX/Civil Rights Compliance Officer:**

• Mary O'Brien
 • 425-385-4106
 • MO'brien@everettsd.org
 • PO Box 2098
 • Everett, WA 98213

Section 504 Coordinator:

Dave Peters
 425-385-4063
DPeters@everettsd.org
 PO Box 2098
 Everett, WA 98213

ADA Coordinator:

Randi Seaberg
 425-385-4104
RSeaberg@everettsd.org
 PO Box 2098
 Everett, WA 98213



Below is the Spanish Version of District Content Newsletter Articles:

Preescolar ECEAP está aceptando aplicaciones para 2021-22

El Programa de Educación Temprana y de Asistencia de las Escuelas Públicas de Everett (ECEAP) es un programa de preescolar GRATUITO para niños de 3 y 4 años de edad de familias con ingresos limitados. ECEAP prepara a los niños para el Kínder y les ofrece soporte familiar y de salud, así como servicios de nutrición. Está financiada por el "Washington State Department of Early Learning".

Los seis sitios de ECEAP dentro de nuestro distrito son: Las escuelas primarias Garfield, Hawthorne, Lowell, Madison, Silver Lake y Cedar Wood. El cupo es limitado-¡Aplique pronto! Para aplicaciones o más información, por favor llame al 425-385-4628 o visite [el sitio web ECEAP del distrito](#).



Escuelas Públicas de Everett está contratando paraeducadores

¡Estamos contratando paraeducadores! Grandes beneficios, salarios competitivos, desarrollo profesional con descansos en días asuetos escolares y de verano. ¿Está interesado?

Por favor aplique en línea [online](#). Las escuelas están localizadas en Everett, Mill Creek y Bothell, Washington.



Conectémonos - Mayo



Está invitado a conectarse con los líderes del distrito y participar en una conversación el lunes 3 de mayo de 5-6pm para recibir sus comentarios y opiniones de cómo hacer las cosas mejor. Queremos oír de ustedes y esperamos que pueda asistir a esta junta por Zoom para que comparta sus opiniones. Por favor esté pendiente en su email de recibir la invitación para conectarse con su superintendente escolar regional y otros líderes del distrito. Revise su email y confirme su asistencia (RSVP) para poder recibir la liga a esta junta. ¡Conectémonos!

¡Ya están abiertas las inscripciones a la escuela de verano!

Las inscripciones a la escuela de verano 2021 están abiertas y [puede encontrar los materiales para inscribirse en línea](#). Los alumnos elegibles de primaria (Elementary) y secundaria (middle school) recibirán una invitación por parte de sus maestros. Se cuentan con una variedad de cursos de la escuela de verano para los alumnos de preparatoria (high school) que incluyen cursos de recuperación de créditos facilitados por el distrito, Preparatoria en línea y varios programas basados en la comunidad. La colegiatura está exenta para los alumnos de primaria, secundaria y preparatoria (incluyendo los cursos de OnlineHS.net). El costo varía para los programas de la escuela de verano basados en la comunidad. ¡Comuníquese con Ms. Stephanie Kirkpatrick al SKirkpatrick@everettsd.org para mas informacion!



Serie de videos de conexión con los consejeros



Ya están disponibles dos nuevas series de videos en la página web de “Parent University” del distrito: Healthy and Safe Social Time for Teens (Tiempo Social Sano y Seguro para Adolescentes) y Helping your Child Respond to Stress (Ayudando a sus Hijos con su Respuesta contra el Estrés). En las series de tiempo y social sano y seguro para adolescentes, la facilitadora MTSS, Krsitin Walker y la consejera de la escuela secundaria North, Susie Smothers discuten cómo los padres puede dar apoyo para un tiempo sano y seguro para sus hijos en edad de la pubertad y adolescencia.

La serie incluye videos en los siguientes temas:

- **[Video 1: Introducción a las series y manteniendo conexiones sociales](#)** – La adolescencia es una etapa en la vida en la que las conexiones sociales y las experiencias sociales son sanas y parte crítica de su desarrollo. No poder ver a sus amigos, ir a eventos escolares y no poder hacer deportes puede causar tristeza y grandes desilusiones para los pubertos y adolescentes y para muchos padres que están batallando con la mejor manera de poder ayudarlos a sobrellevarlo. Aprenda sobre las maneras saludables en que los niños pueden mantener conexiones sociales y seguir las medidas de salud y seguridad.
- **[Video 2: Apoyando con los límites saludables en línea](#)** – Con tantas maneras creativas y sanas para que los niños puedan socializar en línea durante la pandemia, nuestros consejeros comparten formas de establecer y balancear límites responsables en línea para sus adolescentes.
- **[Video 3: Conexiones sociales en la escuela](#)** – Como era el caso antes de la pandemia, los alumnos pueden aún participar en una variedad de actividades extracurriculares después de clases. Exhorte a sus hijos a que participen. Contacte a su escuela para averiguar que tienen disponible. Muchas escuelas todavía ofrecen una variedad de clubs y organizaciones a las que su hijo puede registrarse para mantenerse conectado con sus compañeros.
- **[Video 4: Family Social Opportunities](#)** – Con tantos padres trabajando desde casa en estos tiempos, deberíamos intentar apartar algo de tiempo para desconectarnos y estar juntos. Vean este video para las maneras sugeridas en que toda la familia puede participar de actividades sociales juntos.
- **[Video 5: Apoyando las luchas de su hijo](#)** – La fatiga pandémica es algo real. El coronavirus ha puesto tensión en nuestras funciones diarias y los adolescentes pueden exhibir una variedad de emociones que van desde la tristeza, la ira, frustración, depresión y más. Aprenda estrategias para escuchar con empatía a su adolescente como una manera de reconocer sus experiencias sin tratar de “minimizarlas” o “arreglar” la situación.

En las series de Ayudando a sus Hijos con su Respuesta contra el Estrés, la facilitadora MTSS, Krsitin Walker y la consejera de la escuela secundaria Evergreen, Dr. Kaley Mitchell nos ayudarán a entender ya definir el estrés y ofrecer estrategias orientadas hacia la acción para que los padres puedan ayudar a sus hijos cuando muestren señales de estrés emocionales y de conducta. La serie incluye los siguientes temas:

- **[Video 1: Entendiendo el estrés](#)** – Muchos padres se preguntan “¿Por qué mi hijo está tan estresado?” El estrés domina nuestra mundo y sociedad y los adultos y niños están estresados a niveles más intensos que jamás antes visto. La consejera de la escuela secundaria Evergreen, Dr. Kaley Mitchell ayuda a los padres a que entiendan la historia, biología y experiencia que conduce a sentir estrés.
- **[Video 2: La estrategia de la acción opuesta](#)** – En este video aprenderá sobre la estrategia de la “acción opuesta” para ayudarle a su puberto y adolescente a que respondan contra el estrés. La acción opuesta es hacer lo contrario de su urgencia cuando su urgencia no ayuda o no es sana. Es una destreza que puede ayudar a los niños y también a los adultos! para que respondan contra el estrés de una manera más sana y efectiva.



- **Video 3: La estrategia del agua fría** – ¿Está mostrando su hijo altas señales de ansiedad o emociones intensas? ¡La estrategia del agua fría puede ayudar! Esta estrategia es el acto de usar agua fría en la cara o en el cuerpo para bajar la ansiedad de inmediato. Aprenda más en este video informativo.
- **Video 4: ¿Qué hacemos si necesitamos ayuda?** – Si los mecanismos para sobrellevar las situaciones no están funcionando, aprenda cuando debe buscar ayuda inmediata para su hijo. También entérese sobre los recursos escolares, locales y nacionales de apoyo como la consejería de salud mental, líneas de crisis y más.

Todas las ligas de estos videos pueden ser encontradas en www.everettsd.org/ParentUniversity.

Encuesta anual escolar de calidad escolar (School Stakeholder Annual Survey)



Para dar guía al proceso de mejora continua de las escuelas pública de Everett, las escuelas cada año hacen una encuesta a sus estudiantes, familias y personal para entender las fortalezas y retos específicos que afecta la calidad escolar. La encuesta anual de calidad escolar es solamente una de muchas piezas de los datos que analizan los líderes escolares y el personal docente. Además de los datos de la encuesta se evalúan el aprovechamiento estudiantil, la asistencia, disciplina y datos del programa para crear El Plan de Metas de Mejora Escolar.

Ya debió haber recibido [una liga](#) a finales de abril para esta encuesta familiar que es anónima y de opción múltiple. Le pedimos que por favor la llene y la envíe antes del **21 de mayo**. Si tiene más de un estudiante en las Escuelas Públicas de Everett, por favor llene una encuesta por cada escuela diferente a la que sus hijos asistan para que se puedan beneficiar de su retroalimentación.

Apreciamos de verdad su tiempo y participación. Su retroalimentación es muy importante para nosotros para poder establecer y evaluar las metas de mejora escolar.

Manual de Derechos y Responsabilidades del Estudiante 2021-2022

A partir del siguiente año escolar, el distrito ya no hará una versión impresa del manual anual de derechos y responsabilidades del estudiante. Los padres y alumnos podrán acceder al manual en el sitio web del distrito en www.everettsd.org bajo “Students” y luego bajo “Student Handbook” o en el escritorio (desktop) de la computadora que se le proporcionó al estudiante. Los padres/tutores confirmarán de “recibido” el manual y llenarán la información de FERPA requerida siguiendo el proceso de actualización de información del estudiante anual en línea del distrito. Se proporcionará a las familias más información e instrucciones para llenar las actualizaciones anuales del estudiante y acceder al manual antes de iniciar el próximo año escolar.



Muestras de arte estudiantil virtual

Anote en sus calendarios la apertura al público de la galería de arte virtual en el sitio [web del distrito](#):

- Arte de alumnos de Primaria - Abril 19
- Arte de alumnos de Preparatoria- Mayo 17
- Arte de alumnos de Secundaria- Junio 1



Fechas de graduación

Por favor anote en sus calendarios las próximas fechas de graduación de preparatoria. Los detalles de la ceremonia serán compartidas pronto.

- Sequoia High School Junio 17, 6 p.m. LUGAR PENDIENTE
- Cascade High School, Junio 19, 11 a.m. LUGAR PENDIENTE
- Jackson High School, Junio 19, 3 p.m. LUGAR PENDIENTE
- Everett High School, Junio 19, 7 p.m. LUGAR PENDIENTE



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• Las escuelas públicas de Everett no discriminan en ninguno de sus programas o actividades por sexo, raza, credo, religión, color, país de origen, edad, estado veterano o militar, orientación sexual, expresión de género o identidad, discapacidad, o el uso de perros guía entrenados o animales de servicio, y provee con acceso equitativo a los Boy Scouts y a otros grupos juveniles designados. Los siguientes empleados han sido designados para gestionar las preguntas y quejas de presuntos actos de discriminación.

• **Title IX/Civil Rights
Compliance Officer:**

• Mary O'Brien
• 425-385-4106
• MO'brien@everettsd.org
• PO Box 2098
• Everett, WA 98213

Section 504 Coordinator:

Dave Peters
425-385-4063
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